



PEP TALK

Programs for Exceptional People's Monthly Newsletter

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Trey Hennessee
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We had such a fun April here at PEP! The biggest highlight of the month was, of course, our trip to the practice rounds of the RBC Heritage (page two), which was a blast. Make sure to check out our news story on WSAV about PEP at the Heritage (page six). We also had an awesome first meeting of our new Aktion Club and officers were elected (page five). PEP members enjoyed their first month working at their new enclave at Benchmark Fitness. We continued our tradition of Friday Funday, and took many trips into the community. We're looking forward to a fun and productive May, which includes a magic show on the 24th.

Please visit our Facebook page to keep up with all things PEP. Enjoy the newsletter!

To submit any comments, ideas for future newsletters, or to write a letter to the editor, please email taylor.sullivan@pephhi.org.



Special Olympics Basketball



Farmers Market of Bluffton



New Benchmark Fitness Enclave



Friday Funday



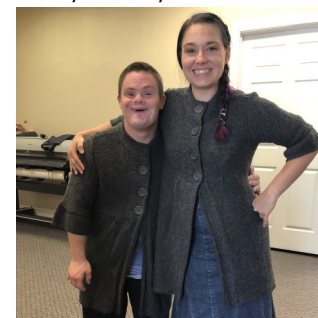
Amy Modeling



Music Class



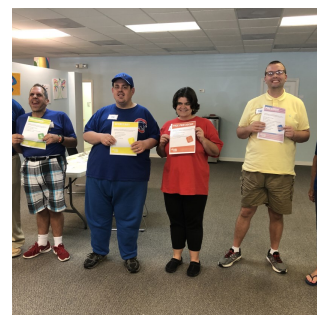
Easter Egg Hunt



Dress Up Fun—Twinning



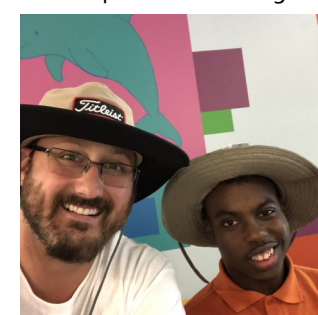
Trip to Mr. Ray's Garden



Aktion Club Elected Officers



Staff Appreciation Lunch



More Twinning

PEP's Trip to the Heritage

Practice Rounds—April 16 and 17

On Tuesday, April 16 and Wednesday, April 17, PEP members took a trip down to Harbour Town Golf Links to watch the practice rounds of the RBC Heritage. For the past several years, the Heritage Classic Foundation has generously donated 15 tickets to PEP for members to attend the practice rounds of the tournament. The members look forward to attending this spectacular event all year long. It's a chance for them to get outside, learn more about golf, meet some professional and amateur players, and take part in the community's most well-known, exciting, and anticipated event.

On day one of the practice rounds, Trey Hennessee, Recreation and Leisure Coordinator, took a group of nine members. He brought along several ceramic plates made by our PEP artists for the golfers to sign, which will be auctioned off at our annual gala. Highlights of the first day of practice rounds included meeting Jordan Spieth, KJ Choi, and several other golfers, as well as having Andrew Davis, a reporter from WSAV, film and interview us for a story that was shown on the 5 o'clock news. On day two of the practice rounds, six PEP members attended the event with Trey. Many more golfers signed our plates, including Bryson DeChambeau, and one golfer gave Eric, a PEP member, his glove because Eric was hit on the foot by his golf ball. We also ran into the beloved mascot of the RBC Heritage, Sir Willie.

We were blown away by the kindness of the golfers and everyone involved with the Heritage this year. It meant the absolute world to our members when the golfers took time out of playing to come over and say hi and sign autographs. We are already counting down the days until it's Heritage time, again!



Get to Know Our Team

Trey Hennessee, Recreation and Leisure Coordinator

Even if you're not directly involved with PEP, chances are you still may know our Recreation and Leisure Coordinator, Trey Hennessee, from seeing him out and about in the community with PEP members. Trey is in charge of the PEP recreation and leisure program, which takes place after PEP day program hours. Each month, he creates a recreation calendar containing weekday evening and some Saturday activities for PEP members to participate in. Members are able to participate in about four to five events per month. These activities give PEP members the opportunity to explore their community and have fun with their peers. The activities are centered around physical activity, sports, music, art, education, and taking advantage of our beautiful location and everything our community has to offer. Examples of recreation activities include bowling, golfing, movies, plays, karaoke, local festivals, spectator sporting events, sign language classes, museums, hiking, and exploring local islands. Included within the recreation and leisure program are also PEP's annual trips to the State Fair, Jacksonville Zoo, and practice rounds of the RBC Heritage.

Along with the great work Trey does within the recreation program, he has also been working hard to find more employment opportunities, like enclaves, for our members in the community. He is also assisting with fundraising efforts.

Trey is adored by the members and they all look forward to every chance they have to participate in his program. He brings a fun and positive energy to PEP that we all appreciate. Read on to learn more about Trey...



How long have you been at PEP?

Two years and three months.

How did you hear about PEP/what made you interested in the Recreation and Leisure Coordinator position?

I heard about PEP from my fiancé, Laura. Her Aunt Andrea was a member of PEP. I volunteered at PEP for one month and then was offered the position of Recreation and Leisure Coordinator.

What are your responsibilities as the Rec and Leisure Coordinator?

My main responsibility is to provide an infinite amount of fun and safety for our members. I also schedule recreational events with local merchants and businesses for PEP members and volunteers to attend.

How do you choose which activities to do each month?

I gear our activities towards the interests of our members. They love bowling, movies or plays, and music the most. I also want to do activities outside like golfing or walks through wildlife preserves, weather permitting. Oh, did I mention that we love food, too?

Get to Know Our Team

Trey Hennessee, Recreation and Leisure Coordinator



What do you enjoy most about working with PEP members?

The love and care the members give back to me. We have a very special relationship with one another.

What's your previous education and work history?

I graduated from Appalachian State University in 2009 as a collegiate athlete. I was an assistant football coach for two seasons after graduating. I have had many jobs since then, the main job being an amusing bartender.

Tell me about yourself—where you're from, personal life, etc.

I was born in foothills of North Carolina. I spent a lot of time in the Blue Ridge Mountains with my grandfather on his Christmas tree farm and then I ended up playing collegiate football there as an App State Mountaineer. Now I spend all my personal time with my fiancé, Laura, and my daughter, Layla, who is 5 years old.

What is your favorite memory from working at PEP?

The first time I took the members to the Heritage Golf Tournament Pro Am—an amateur golfer shanked his ball directly into the water off the tee, and without missing a beat,

one of the members dunks her head into her hands and says loudly, “OH GOD!”

What kinds of things do you have planned for the rest of the year?

We'll go to the Jacksonville Zoo and the South Carolina State Fair. Obviously, we will do a ton of bowling, karaoke, movies, golf and eating before the year is over.

What do you consider your greatest accomplishment so far in life?

Being a Dad, getting married in October, and the opportunity to work with the most kind and gentle people on the planet.

What is your favorite quote or life motto?

“Put a little PEP in your step!”

If you would like to volunteer with our recreation and leisure program, please contact Trey Hennessee at trey.hennessee@pephhi.org or 843-681-8024.

PEP Announcements

A magic show by Joseph the Magician will be put on at PEP on Friday, May 24 at 4:00 p.m. Admission is \$10 per member, which includes viewing the show and food and drinks after the show. Parents and/or guardians may participate at no charge. Pick up will be at 7:00 p.m. at PEP for off-island members, and pick up for Hilton Head members will be at 7:30 p.m. at the Hilton Head Post Office.

Please RSVP and submit payment (cash or check) by Friday, May 10.

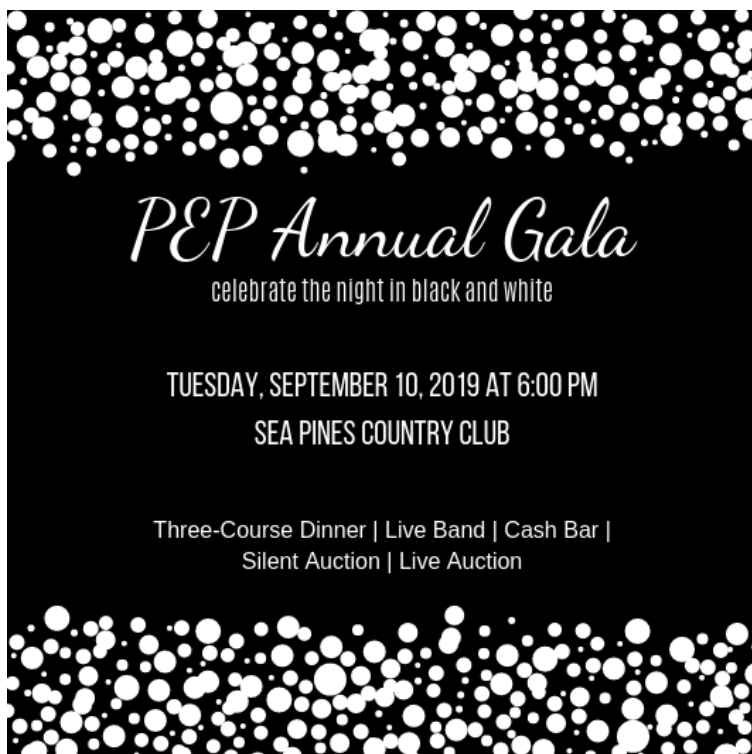
We are in need of volunteers at this event. If you are interested in volunteering, please contact Trey Hennessee, Recreation and Leisure Coordinator, at trey.hennessee@pephhi.org or 843-681-8024.



WE NEED YOUR HELP!

We are in the midst of planning for our annual gala and we are requesting help in the following areas: finding silent auction gifts, finding live auction gifts, and finding sponsors.

Please email Taylor Sullivan, Community Relations Coordinator, at taylor.sullivan@pephhi.org if you would like to be a sponsor or donate an auction gift.



Bluffton/PEP Aktion Club

PEP had its first Aktion Club meeting on April 25 and it was a major success! An Aktion Club is a service club made up of adults with disabilities, and it's under the umbrella of the Kiwanis Club. Their mission is "to provide adults living with disabilities an opportunity to develop initiative, leadership skills and to serve their communities."

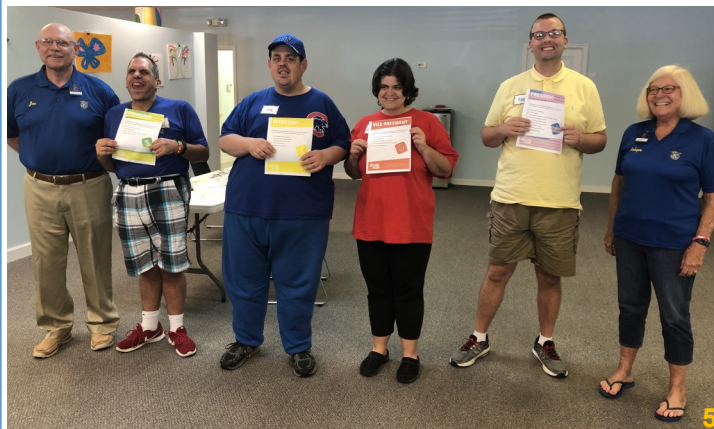
The club elected its officials at their first meeting. Congrats to the following members:

Officers:

President: Ryan K.
Vice President: Amanda C.
Secretary: Eric M.
Treasurer: Ricky S.

Board Members:

Victoria B.
Cat M.
Michelle M.
Matthew M.



Recreation and Leisure Calendar

May 2019

Wednesday, May 8

Karaoke and Games at PEP

Pick up at PEP—5:00 pm

Pick up at HHI Post Office—5:30 pm

Thursday, May 9

First Tee Golf

Pick up at HHI Post Office—5:00 pm

Pick up at PEP—5:30 pm

Wednesday, May 15

Bowling at Station 300

Pick up at Station 300—5:30 pm

Pick up at HHI Post Office—6:00 pm

*Members must have \$5 in order to participate and may bring money for concessions

Thursday, May 16

Mini-Golf at Pirates Island

Pick up at HHI Post Office—5:00 pm

Pick up at PEP—5:30 pm

*Members must have \$5 to participate

Saturday, May 18

Keller's Flea Market in Savannah

Drop off at HHI Post Office—9:30 am

Drop off at PEP—10:00 am

Pick up at PEP—3:30 pm

Pick up at HHI Post Office—4:00 pm

*Members may bring money for lunch or bring a cold bagged lunch. Members may bring money to purchase a small item.

Thursday, May 23

Movies at Northridge Cinema 10

Pick up at Northridge—TBD

Pick up at PEP—TBD

*Members will need \$6.50 to participate

Friday, May 24

Magic Show at PEP

Pick up at PEP—7:00 pm

Pick up at HHI Post Office—7:30 pm

*Members must turn in \$10 by May 17 to participate. Food and drinks will be provided. Parents/guardians may participate at no additional charge, but please RSVP.

Wednesday, May 29

Bowling at Station 300

Pick up at Station 300—5:30 pm

Pick up at HHI Post Office—6:00 pm

*Members must have \$5 in order to participate and may bring money for concessions



PEP will be closed Monday, May 27 in observance of Memorial Day



PEP in the News

Click to watch our recent news story about PEP at the Heritage on WSAV!

